

Fremington Local Nature Reserve

Fremington Local Nature Reserve is comprised of two separate areas: *Lovell's Field* and *Leat Meadow*.

Lovell's Field

Lovell's Field is 4.1 Ha and was given to North Devon District Council following the development of the adjacent Taw Meadow Estate. It is a low-lying wet grassland important for both wildlife and flood prevention. Kingfishers are regularly seen darting along the stream.

The lower part of Lovell's Field will be fenced and grazed to help prevent the area becoming rank and overgrown. Careful grazing helps increase the diversity of the grassland by helping the less aggressive plant species to flourish. Access to Lovell's Field is from the rear of the village green (adjacent to the B3233)

Leat Meadow

Leat Meadow was acquired by Fremington Parish Council in 1999 along with the adjacent recreational area, Griggs Field. The 3 Ha (7 acre) site is a mixture of woodland, coppice, scrub, wetland and grassland. 62 species of plant have been recorded growing here and the site is important for the marbled white butterfly. Access to Leat Meadow is from the northern end of Griggs Field.

The reserve can be accessed on foot from the Tarka Trail following the public footpath immediately west of Fremington Pill. For cyclists on the Trail follow the road from Fremington Quay and then turn right to the centre of Fremington.

Fremington is 3 miles west of Barnstaple on the B3233. There are regular buses along this road. For further information phone **Traveline 0871 200 22 33**

<http://www.travelinesw.com>

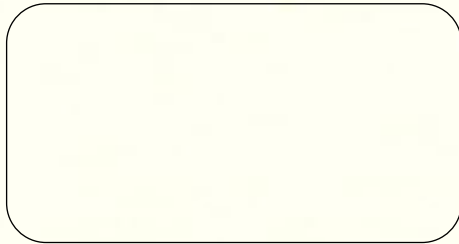
Fremington and the Local Nature Reserve lie within North Devon's Biosphere Reserve, designated by UNESCO as a special place for people and wildlife



- Parking
- Picnic Area
- Toilets
- Cafe/Restaurant
- Pub
- Shop
- Information Boards
- Dogs on leads
- Cycling
- Bus Stop
- Medical Centre

Getting Involved

Fremington Environment Group carry out wildlife surveys and guided walks around the reserve. For further information contact:



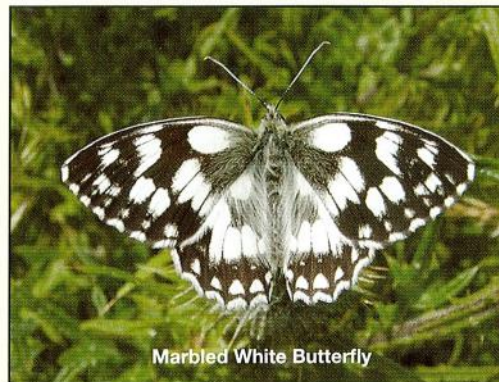
North Devon Biosphere arrange practical volunteer events on the reserve including tree planting, meadow management and coppicing. For further information visit northdevonbiosphere.org.uk/local-nature-reserves or contact: Biodiversity Manager, Room 508, Civic Centre, Barnstaple, EX31 1ED. **01271 388534**

North Devon Council own *Lovell's Field*
For further details visit northdevon.gov.uk
or contact: Parks, Play Areas and Allotments,
North Devon Council,
Brynsworthy Environment Centre
PO Box 379, Barnstaple, EX32 2GR.
01271 388326

Fremington Parish Council own *Leat Meadow*
For further details contact:
Clerk to Fremington Parish Council,
12 Higher Road, Fremington, Barnstaple,
North Devon, EX31 3BG.
clerk@fremingtonparishcouncil.gov.uk
01271 321063

Local Nature Reserves

Local Nature Reserves (LNRs) are all about connecting people and wildlife. They are statutory designations, looking after biodiversity and giving people the opportunity to experience the natural world on their doorstep. They are a shop window for best practice, promoting ways in which to help the wildlife on your own patch. They are also an education resource for schools and colleges, providing an outdoor classroom for hands-on learning.

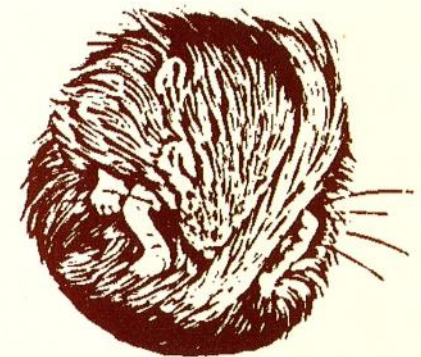


The Local Nature Reserve has a Management Plan that has been agreed by Fremington Parish Council, Fremington Environment Group and North Devon Biosphere.

When visiting the Fremington Local Nature Reserve please follow the Country Code



Fremington Local Nature Reserve



connecting
wildlife and the
community